Fats, Oils, & Grease
What you need to know!

Fats, Oils, and Grease (FOG), is produced from cooking in your home, apartment, or anywhere food is prepared. Help reduce clogs and sewer overflows by learning the proper way to handle FOG!

Typical FOG

- Meat fats
- Sauces/dressings
- Cooking oil
- Shortening
- Butter
- Frying Oil
- Margarine
- Food scraps
- Baked goods
- Lard
- Dairy products

✅ DO
- Allow FOG to cool and then pour into a sealable container and freeze. Then throw away!
- Scrape food scraps into the trash!
- Wipe cookware and dishes with a paper towel to remove FOG before putting them into the sink or dishwasher.
- Place strainers in your sink to catch food and then throw the food scraps in the trash.
- If you have large amounts of cooking oil, think about reusing it!

❌ DON’T
- Never pour FOG into sinks, toilets, external drains, or storm sewers.
- Don’t rely on your garbage disposal! Grinding food up before rinsing it down the drain does not remove FOG and can clog pipes.
- Don’t run hot water over dishes, pans, fryers, and/or griddles to wash oil and grease down the drain. It will eventually solidify and cause problems.
- Don’t use de-greasing detergents to break down grease in your pipes. This can move grease through pipes to cause problems further down the line.

Why can’t I pour FOG down my drain?

When FOG is put down the drain, it solidifies causing clogged pipes and sewer overflows. These can be costly to fix and damaging to the environment. If you see a sewer overflowing to the environment, call LexCall at 311 (or 859-425-CALL) to report it.

- Sewer Overflow
- Clogged Pipe

For more information, log on to www.LexingtonKy.gov/FOG or call LexCall at 311 (859-425-CALL)
Todo lo que usted necesita saber acerca de Manteca, Aceite y Grasa

Manteca, aceite y grasa son los residuos producidos en la cocina de su casa, apartamento ó de cualquier sitio donde comida es preparada. Aprenda a desechar los desperdicios correctamente y ayuden a reducir bloqueos y desagües de alcantarillas.

¿Porque no debo hechar manteca, aceite ó grasa en el desagüe?

Porque se pueden solidificar y causar bloques en la tubería, y producir problemas con el tiempo que son muy caros para arreglar y causar daño al ambiente natural! Si usted observa un desbordamiento de alcantarilla, llame a LexCall a 311 (o 859-425-CALL) para reportarlo.

Ejemplos

- Grasa de carne
- Salsas y aderezo de ensalada
- Aceite de cocinar
- Manteca
- Mantequilla
- Aceite de freir
- Margarina
- Sobras de comida
- Productos de panadería
- Productos de leche

Para mas información, visite www.LexingtonKy.gov/FOG ó llame LexCall at 311 (859-425-CALL)